

# Soul Friend

Knows your depths  
Encourages your heights  
Excuses your shallows  
Celebrates your peaks  
Ignores your doubt  
Believes in your gifts  
Endures your deserts  
Shares your journey  
Embraces your sorrow  
Exults in your joys  
Cautions with love  
Envelopes you in peace  
Hides you from pain  
Nurtures your healing  
Accepts your absences  
Emotes at your presence  
Misses you greatly  
Welcomes you always  
Slays your demons  
Nurtures your spirit  
Knew you before  
Always present

*Cynthia Mills, July 2, 2016*

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